

Bridge End, Helmshore



Map Details:

Explorer: 287 SD 778/214

Grading: (B) Flat route, but with mild gradients likely

Length: 2 1/2 miles

Time: 60 minutes

Start Location:

Helmshore Textile Museum,
Helmshore

Time & distance are an estimate, use as a guide only

Health and safety tips for walkers

- Walkers are advised to wear suitable clothing and footwear, sturdy shoes, sunscreen, in sunny weather, waterproofs and layers in cold weather
- Keep to paths, leave gates as you find them
- Carry a mobile phone with you or advise someone where you are walking
- Dog walkers keep their dogs on a lead
- Please take your litter home & keep the countryside tidy
- Obey and follow signs provided for your safety
- If walking in evening or dark periods, reflective or light clothing is advised to help make you more visible
- On roads where there is no pavement, it is advised to walk on the right hand side so on-coming traffic can see you.

Use the following website for further walks: www.visitrossendale.co.uk

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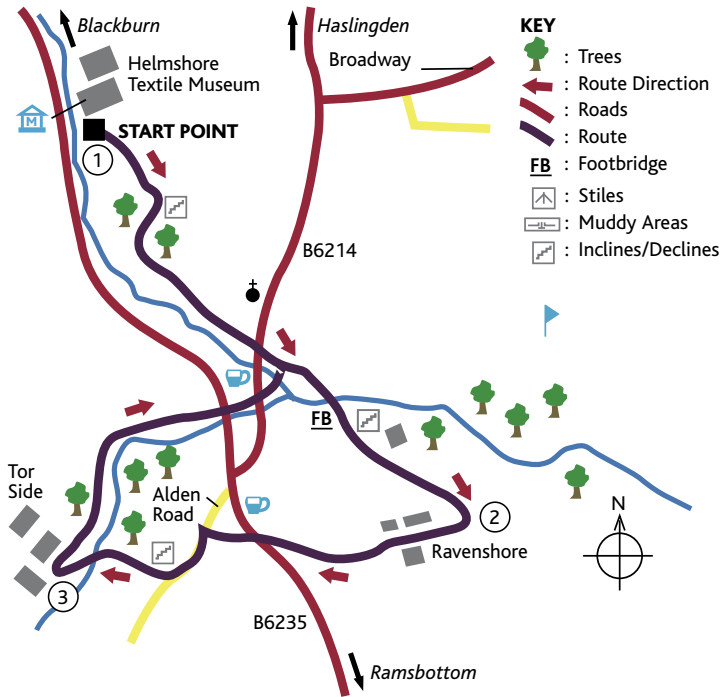
Start Location



Bus Service: Contact Rossendale Transport on 01706 212337 for more information.

Walks for Health Disclaimer

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Bridge End, Helmshore Route Description

- (1) Starting from the car park at Helmshore Textile Museum, take the footpath at the far end of the car park leading to the left. Go through the gate and where the path divides three ways, go straight ahead. The path eventually leads down and round onto Bridge End Close and onto Station Road. At the bend cross directly ahead, so the river is on your right hand-side, follow the path up to Helmshore Road. Cross the road (*** beware of traffic**) and proceed up the track beyond Holme Vale. Follow this track down to the houses, cross over the bridge and continue up the stony path between the two fields and down to a house beyond. Continue along the path, past the house until the path divides slightly left and a track leads off to your right.
- (2) Turn right here passing Ravenshore Farm and eventually leading you to the main road, the B6214. Cross over and take the path ahead which leads onto Alden Road beyond the restaurant. Turn left on joining Alden Road and follow the track till the path forks here turn right down past the small woodland strip on your right.
- (3) Just before the houses at the bottom turn right onto a new estate, Sunny Bank Road. Follow the road down till the road forks just at the bridge and bear right under the bridge and along to the point at Holme Vale. Turn left, not far after the pub back onto Bowl Alley and retrace your steps using the path up to Bridge End Close and the path that will lead you back to Helmshore Textile Museum car park and the end of the walk.

Haslingden Grane



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Map Details:

Explorer 287 SD 754/228

Grading: (D) Mild, medium gradients, steps, stiles likely

Length: 2³/₄ miles

Time: 66 minutes

Start Location:

Calf Hey car park off Grane Road

Time & distance are an estimate, use as a guide only

Start Location



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Haslingden Grane Route Description

- (1) Beginning at the car park at Calf Hey, exit the car park and follow the track at end the of the car park down towards the reservoir, but at the picnic site, turn left here through the gate and drop down across the dam to the far side. Go trough the gate and turn left to cross the stile and then up the path to the lonesome tree. Turn right here following the path as it winds across the moorland to the trees ahead. Go through the gate and behind the plantation down to a bridge. Cross the bridge and then up along the path to another bridge. Cross the second bridge and up the path and just a few yards from the steps is a post on your left.
- (2) At the post turn left following the narrow little path as it winds up passed a seat and out to the edge of the plantation. Pass the stile and keep ahead to the gate going through turning right following track as it drops down over a brook and up left of an old farm. Follow track round onto an old farm track passed another set of farms to a lonesome set of trees. Keep ahead towards the stone wall at the far side. You will pass another RW post before turning right along the stone wall to another RW sign. Turn left here across the field along side the narrow gorge to your left as you go. Eventually coming to a trough area for sheep and onto another farm track, following this round as it bends right passed another RW sign and to a T-junction. Turn left here over the stile and onto the main road.
- (3) Turn right along the road edge to the stone stile on your right, cross and bear left following the path away from the road to a metal gate. Use the stile provided and continue along till you come a post on your right indicating different footpath routes. Turn right through the gap in the stone wall and head down across the field to the far corner and another stile. Cross and bear left following the edge of the stone wall down to another gate over a wire fence. Cross this stile turning left and over another stile, turn right and over the last stile. Head down the track round to the left and passed Ormerods and onto a tarmac path. Turn left and follow this path along up the slope to return back to the car park.

Hollins Lane & Dearden Clough



Map Details:

Explorer OL21 SD 805/183

Grading: (D) Mild, medium gradients, steps, stiles likely

Length: 2 $\frac{1}{4}$ miles

Time: 54 minutes

Start Location:

Bleakholt Animal Sanctuary

Time & distance are an estimate, use as a guide only

Health and safety tips for walkers

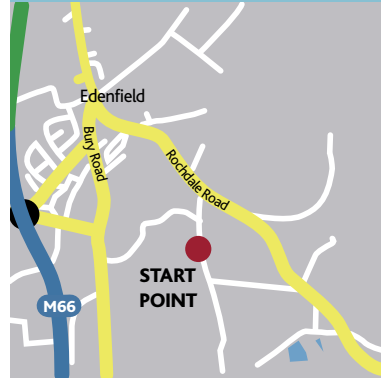
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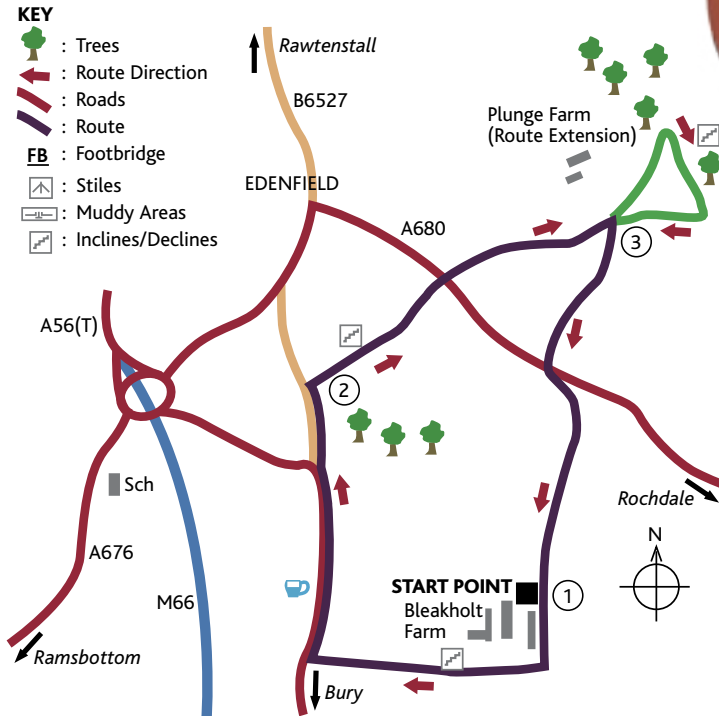
Start Location



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Hollins Lane & Dearden Clough Route Description

- (1) From Bleakholt Animal Sanctuary, exit the car park onto Bury Old Road and turn right. Head along the road to the footpath sign on your right and turn following the path as it drops passed the sanctuary and out onto the main road. Turn right following the pavement passed the Duckworth Arms pub towards Edenfield Village.
- (2) Continue passed a garage and on your right as you approach the Edenfield sign, is a footpath to your right. Take this footpath and follow it to it's end as it comes out into Rochdale Road. Turn left and cross over the road and right to go up Plunge Road. Go through the gate at the top and when the path forks a few yards beyond, keep right as the path descends down to Dearden Clough.
- (3) At the bottom when you reach the stream, the path divides a few ways. Turn right and

follow the third path which leads up out of Dearden Clough double backing on you. The track (Michael Wife Lane) will lead back up to Rochdale Road. Here turn left and follow the pavement till you come to Bury Old Road which leads off to Bleakholt Animal Sanctuary. Here cross over the road and follow it down towards the Animal Sanctuary and back to the car park.

(Extension) The extension starts at point (3). Instead of turning right, turn left up the small track that leads on a newly formed footpath that will take you to the gated section of Dearden Clough. Before the stile and seat, turn right and follow the track down back to the brook. On reaching the brook, turn right again and follow the track back to the junction of paths, where you turn left and follow the instruction from point (3) above along Michael Wife Lane.

Helmshore Viaduct & Park Road



Map Details:

Explorer: 287 SD 778/214

Grading: (C) Mild and medium gradients, possible steps

Length: 2miles

Time: 48 minutes

Start Location: Helmshore Textile Museum, Helmshore

Time & distance are an estimate, use as a guide only

Health and safety tips for walkers

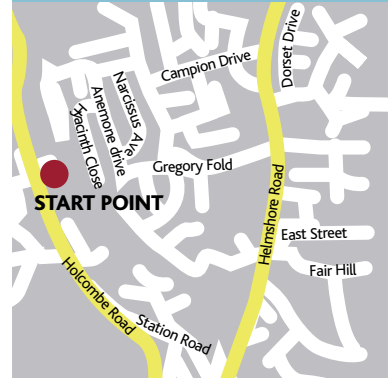
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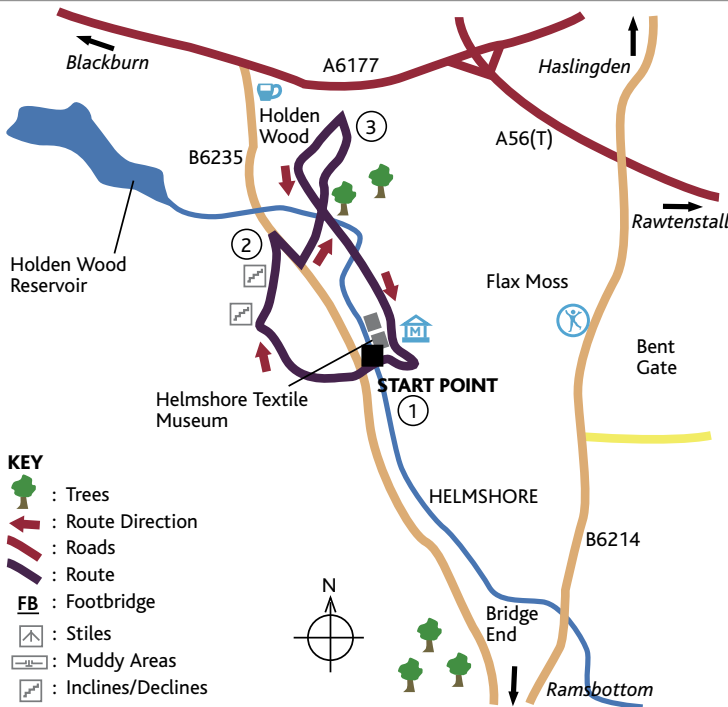
Start Location



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Helmshore Viaduct & Park Road Route Description

- (1) Starting from the car park at Helmshore Textile Museum, exit the car park using the right hand path on the opposite side of the car park to the museum. Go through the gate and turn right up to the main road. Here turn left and follow the pavement, crossing over near Musbury Fabrics. Turn left and follow the pavement to the MOT garage, turn right here to follow the path round as it bends to the right past Gregory's café and also a set of terraced houses and a car park to your left. Keep on the path as it ascends up ahead of you, eventually bearing right and coming to a junction. Continue ahead leading to a gate and a stile. Cross over the stile or go through the gate to the stile ahead and cross and pass through between the two houses and follow the tarmacked road as it leads down and onto Holcombe Road B6235.
- (2) On emerging onto the road, turn right and cross to the opposite side and follow the road left down passed the terraced houses on your right till you come to an access road on your left before a set of cottages. Turn left at the access road following the path down under the bridge. The path leads round bending to your left, eventually coming to a gate here you need to turn right and follow the path along side the brook through the trees and keep to the main path as it now passes a caravan site on your left to the site entrance. Follow the road round onto Gas Street.
- (3) Turn left on reaching the post for a cycleway following the path which will drop down to a wooden bridge. Cross the bridge and keep ahead as the path ascends up and onto the viaduct. Follow this path and use the gates provided to the other end where a set of steps and a slope take you down to an access path. Take the slope down and turn right and pass the steps, turning right again through a small gate leading back to the car park at the museum.

Irwell Vale & Strongstry



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Map Details:

Explorer 287 SD 792/201

Grading: (C) Mild and medium gradients, possible steps

Length: 2 1/2 miles

Time: 60 minutes

Start Location:

Irwell Vale Halt Car Park

Time & distance are an estimate, use as a guide only

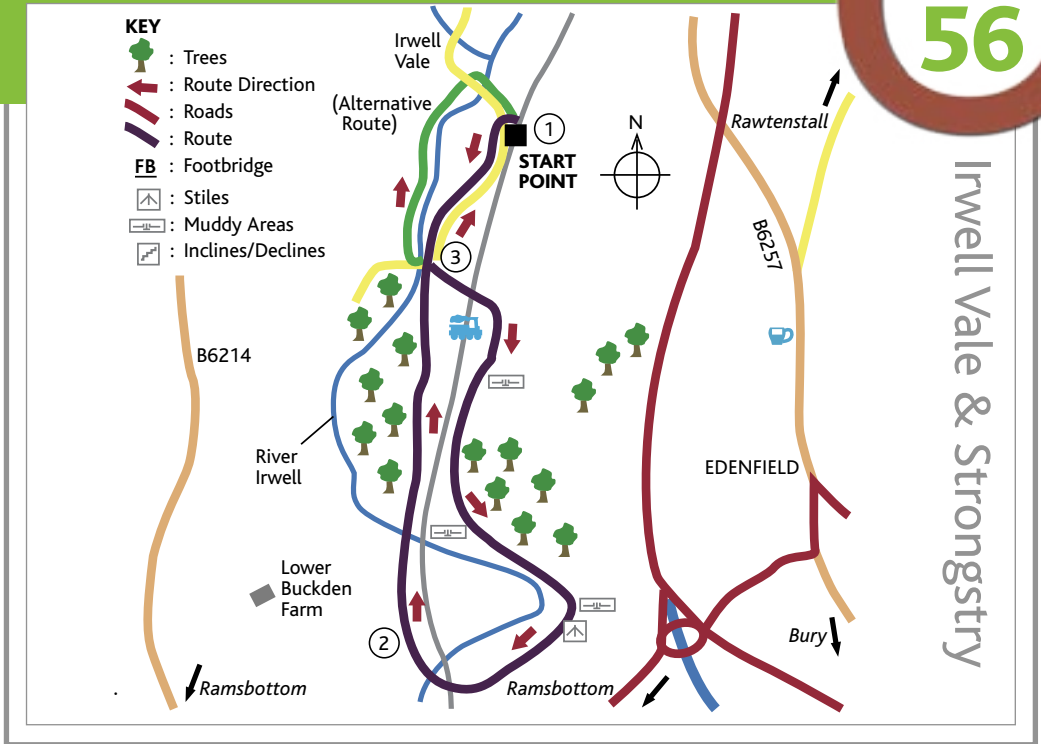
Start Location



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Irwell Vale & Strongstry Route Description

- (1) Starting at Irwell Vale Halt. Turn left out of the car park and left again at the junction following the road as it runs parallel to the River Irwell. The road finally leads to a bridge. Here a small path lies just before the river on your left. Take this path running left of the river till you come to a slope where the path divides again. Turn left through a small tunnel and then right through a gate, following the path that now runs parallel to the railway line. The path then goes through another gate. Keep on this route past a house (on the left), through another gate, and then follow the path across a field to "In the Picture" (one of the sculptures on the Irwell Sculpture Trail). Follow the path over a stile and then across to another gate. Turn right here over the bridge and round into Strongstry. Keep ahead till you reach the railway bridges, go under both, turning right at the stone wall after the second bridge and right again at the cycleway post.
- (2) Follow this path up to Irwell Vale. Drop down the slope at the bottom (next to the bridge.)
- (3) At the bridge either return to the roundabout at the village by turning right back up the road to the car park and the end of the walk. Or else, turn left and then right through the gate to follow the path along the river to come out behind the church. Keep ahead along the road towards the bridge, turn right and over another bridge to the roundabout and then right and left back to the car park.

Irwell Vale River Walk



Health and safety tips for walkers

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Map Details:

Explorer 287 SD 792/201
Grading: (A) Flat, easy route with maybe a mild gradient
Length: 1 $\frac{1}{4}$ miles
Time: 30 minutes
Start Location:
Irwell Vale Halt car park

Time & distance are an estimate, use as a guide only

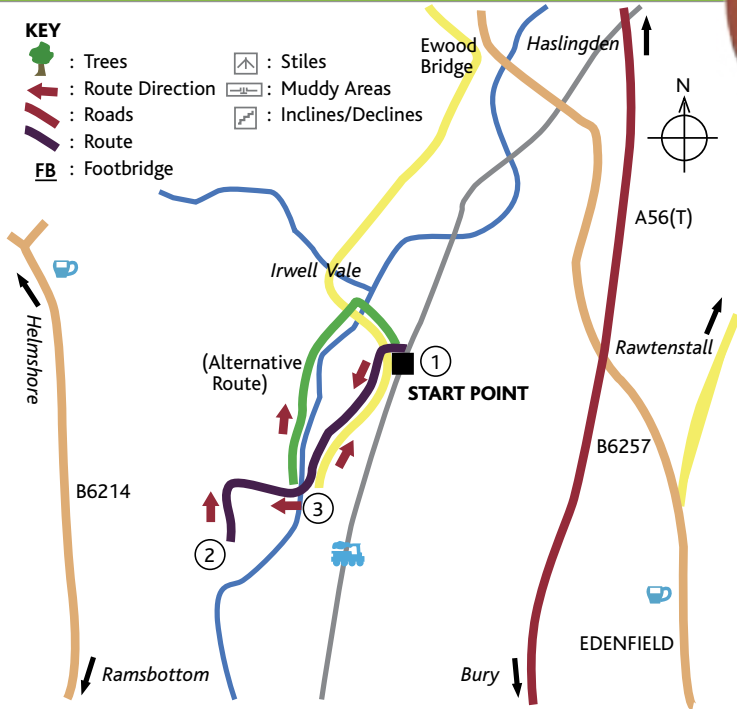
Start Location



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Irwell Vale River Walk Route Description

- (1) Starting from Irwell Vale Halt, head left down the slope and turn left again following Meadow Park past the houses with the river to your right. Follow the road as it snakes its way alongside the river turning right over Lumb Bridge and under the viaduct which would have originally carried the old railway-line to Helmschore from Ramsbottom. Follow the road up into Lumb-in-Edenfield and pass Lumb Farm to where the path levels out and the track divides.. Take the left hand path which drops down, rather than the path that steeply ascends up the hill.
- (2) Follow the level path which slopes down past some houses to a metal gate beyond which would have led to the mill in the valley below. On reaching the gate, turn back and retrace your steps back to Lumb Bridge.
- (3) At this point you can either cross the bridge, turning left and follow the road back to the car park and the start of the walk. Or, go through the gate on your left just before the bridge and follow the path along, (it's narrow in places,) to a bridge. Cross over and eventually you will come alongside the church. Follow the road ahead and turn right before the road bridge. Keep ahead to the small roundabout and to your right of the bungalows is Irwell Vale Halt.

Limey Lane & Green Hill Clough



Map Details:

Explorer OL21 SD 830/287

Grading: (C) Mild and medium gradients, possible steps

Length: 2 $\frac{1}{4}$ miles

Time: 54 minutes

Start Location: Limey Lane Car Park, above Clowbridge Reservoir

Time & distance are an estimate, use as a guide only

Start Location



Bus Service: Contact Rossendale Transport on 01706 212337 for more information.

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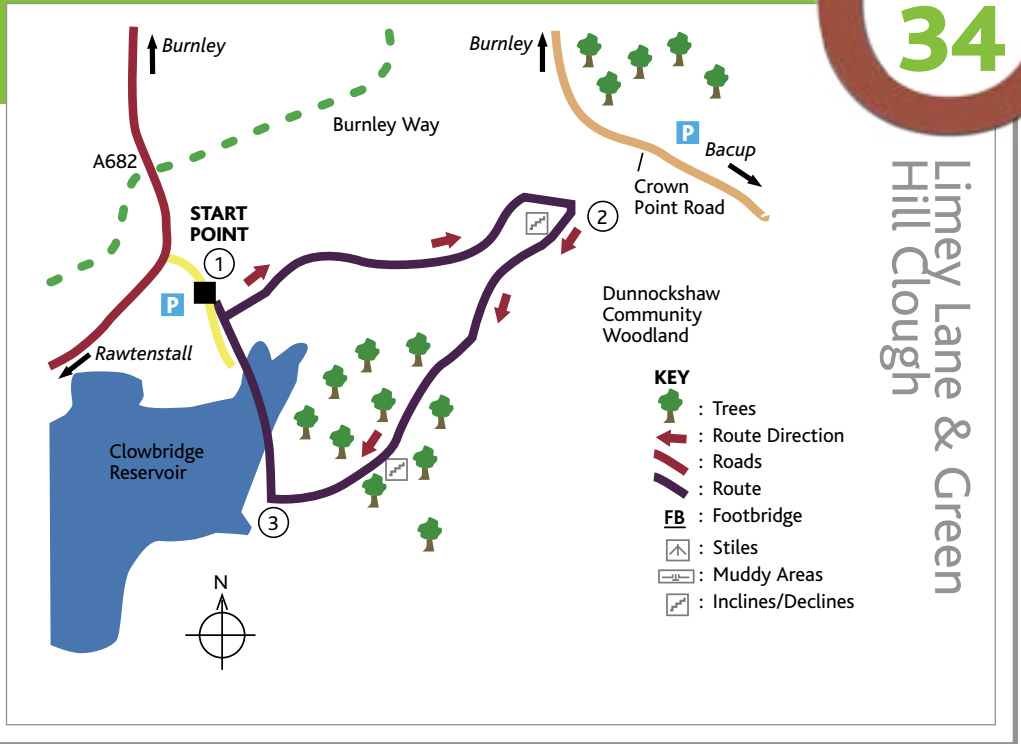
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Limey Lane & Green Hill Clough Route Description

- (1) Starting at Limey Lane car park, just off Manchester Road above Clowbridge Reservoir. Take the path at the end of the lane and at a gate turn left towards Limey Water. Follow the main path that winds its way through a further 3 gates. Then turn right and follow the path up the hill to another gate. Turn right again and right at the next gate.
- (2) Pass the remains of Wholaw Farm and - passing through another gate - the path heads down hill and eventually rejoining the main route. Here, at a bend but not easily defined, a path leads straight ahead up the hill. Take this path up and then down till you come finally to a gate and a defined gravelled path. Head up the hill and then down towards the reservoir, passing under a set of pylons on the way.
- (3) Finally go through the gate that leads onto the main track next to the reservoir. Turn right here and follow the main track back to Limey Lane.

Lumb & Water Circular



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Map Details:

Explorer OL21 SD 838/250

Grading: (D) Mild, medium gradients, steps, stiles likely

Length: 3¹/₄ miles

Time: 68 minutes

Start Location:

Peers Clough Road, Lumb

Time & distance are an estimate, use as a guide only

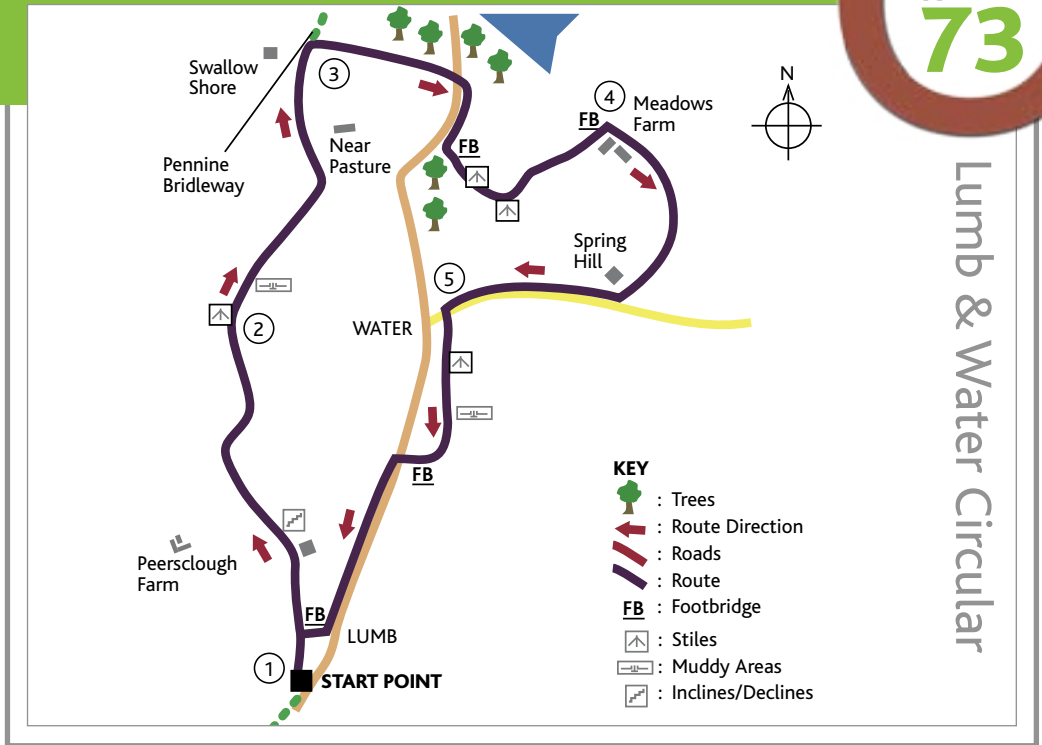
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Lumb & Water Circular Route Description

- (1) Starting on Peers Clough Road facing the main road and the terraced houses, turn left along Peers Clough Road and passed the small houses. Keep on this track as it winds up passed Peersclough Farm and Lane Side Farm. Here you will come to a gate.
- (2) Go through the gate and follow the track as it winds up through a series of gates along the Pennine Bridleway. Keep along this path as you cross over a small brook and then pass Near Pasture and Far Pasture Farm. Ahead the track comes to a crossroads with access to Swallow Shore on your left. Ahead the track leads up to a set of overhead pillions.
- (3) Turn right along the access track which leads you to the main road. On reaching the main road, cross over and turn right down the pavement. Just before the road bends right, a track leads left over a cattle-grid. Turn down here over a brook and passed the farm up to a stile. Cross over and ahead to another stile. Once over this stile bear left round along the stone wall to a gate. Pass through three gates and then up the slope round to the back of an out barn.
- (4) Just up the steps the path comes to a crossroads, turn right along the lane passed Meadows Farm and Nabb Farm down to Spring Hill and onto Dean Lane. On reaching the lane turn right and follow Dean lane towards the main road. Before you reach the main road, turn left at the footpath sign up a small back lane which leads to Height Barn. As the road bends left just after the cottage, turn right along a narrow footpath along some trees and a fence until you reach a stile. Once over the stile keep ahead across the field but bear right 50 yards along to drop down to a footbridge over a mound and onto the main road.
- (5) Turn left and follow the main road back towards Lumb and Peers Clough Lane. Turn right back onto the lane and the end of the walk.

Rawtenstall & Oakenhead Wood



Map Details:

Explorer OL21 SD 803/222

Grading: (D) Mild, medium gradients, steps, stiles likely

Length: 2³/₄ miles

Time: 66 minutes

Start Location:

Bottom of New Hall Hey Industrial Estate

Time & distance are an estimate, use as a guide only

Start Location



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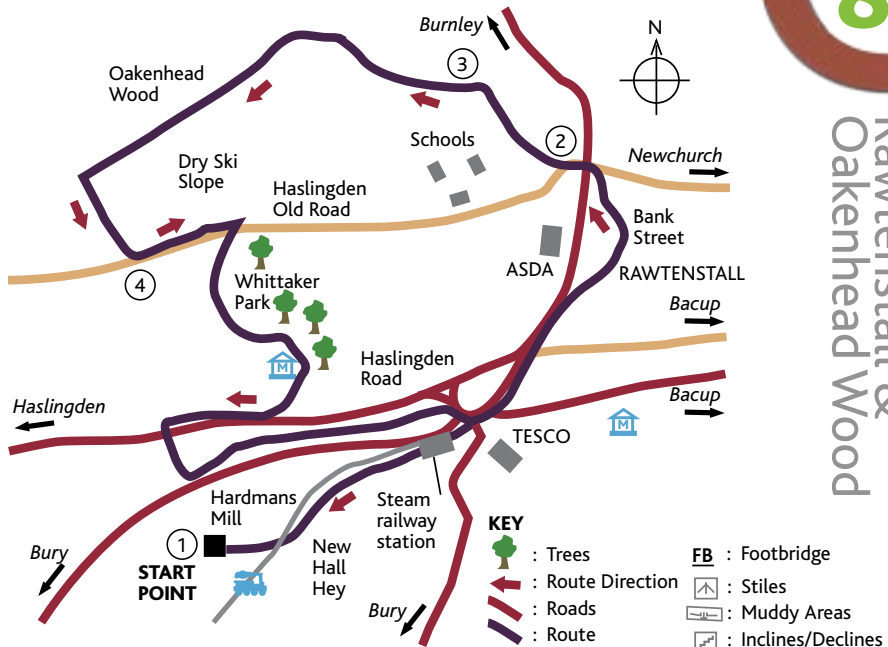
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Rawtenstall & Oakenhead Wood Route Description

- (1) Starting at the bottom of New Hall Hey Road exit the car park between the two building towards the river. Just before the bridge turn left down towards the gate and through under the archway towards New Hall Hey Road, here turn right and follow the pavement round over the level crossing and along till you come to the main road, turn left towards the station, crossing over the road, turning left and keep following the pavement across the bypass to run opposite the fire station. Keep ahead over two side street and then at the lights cross ahead towards Rawtenstall Town Centre. Here bear right up Bank Street to follow the cobbled road through the main part of the town centre. At the far end you come out at a set of lights. Cross the road to the opposite side and then turn left over the road to where Haslingden Old Road slopes sharply up.
- (2) Follow the road up and take the next right following road round to the left up Whittle Street to the next junction, here bear right and then left up Beech Street. Keep along this road, till you are just beyond the terrace houses and the road divides into a 4 lane junction.
- (3) Here turn left up the track towards the garages as the track leads up passed the garages and ascends towards a mast on the hill above. The path climbs up and to the right of this before levelling out and running past Ski Rossendale. Follow the path through the gate and passed the houses till you reach a stone wall at the far end of the set of houses. Here turn left through a small gap between the house and wall and follow the track down the field to the far end and out onto a driveway which drops sharply onto Haslingden Old Road.
- (4) Turn left and follow the road down to the entrance to Ski Rossendale, opposite is the entrance to Whittaker Park, cross the road and begin your descent through the park. Take any route as long as you heading down hill as several footpaths meander through the park to the main road at the bottom. On reaching the main road into Rawtenstall, turn right after crossing the road following the pavement up to the pub on the opposite side and a footpath sign leading to your left. Here drop down as the path takes you to the edge of the by-pass. Turn left and then right up the steps to cross the by-pass (beware of traffic) and drop down the opposite side to take the path back to bottom of New Hall Hey.

Rushy Hill, Whitworth



Map Details:

Explorer OL21 SD 891/175

Grading: (D) Mild, medium gradients, steps, stiles likely

Length: 2¹/₄ miles

Time: 54 minutes

Start Location:

Cross-roads below Lobden Golf Course

Time & distance are an estimate, use as a guide only

Health and safety tips for walkers

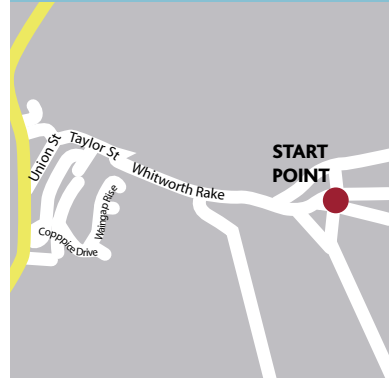
- Walkers are advised to wear suitable clothing and footwear, sturdy shoes, sunscreen, in sunny weather, waterproofs and layers in cold weather
- Keep to paths, leave gates as you find them
- Carry a mobile phone with you or advise someone where you are walking
- Dog walkers keep their dogs on a lead
- Please take your litter home & keep the countryside tidy
- Obey and follow signs provided for your safety
- If walking in evening or dark periods, reflective or light clothing is advised to help make you more visible
- On roads where there is no pavement, it is advised to walk on the right hand side so on-coming traffic can see you.

Use the following website for further walks: www.visitrossendale.co.uk

Rossendalealive
OUTDOORS



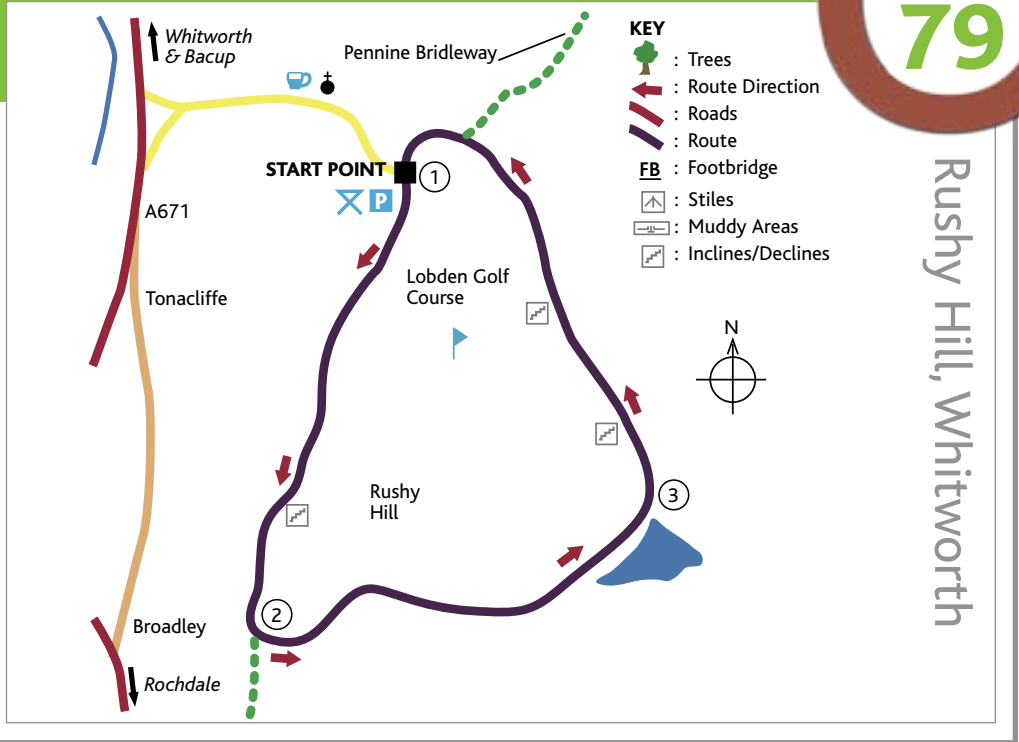
Start Location



Bus Service: Contact Rossendale Transport on 01706 212337 for more information.

Walks for Health Disclaimer

The route on this leaflet was assessed in December 2005; Groundwork Rossendale takes no responsibility for changes to the route. All routes are on public rights of way. The information contained in this leaflet was correct at the time of printing. Landowners, Groundwork Rossendale and partners accept no liability for accidents on these walks. Persons participating in the walk do so at their own risk.



Rushy Hill, Whitworth Route Description

- (1) From the lay-by below Lobden Golf Course, turn left and follow a path round then right to the track that leads up to the Golf Course itself, running to the right of the main building. Keep ahead past the car park and follow this track as it now bears left and begins to ascend away from the Golf Course and follow up towards a farm building. Keep to this track past two farms, which then slopes down steadily and comes to a sign post for the Pennine Bridleway.
- (2) Turn left and follow this track round to a divide. Here turn bear left as the path now begins to ascend and skirts round a disused reservoir before coming to another junction. Turn left round Rushy Hill and the path begins to ascend again steadily across the edge of the hill past Faffley Brow.
- (3) This track continue and eventually leads you back to the golf club house where a track leads you down to the lay-by and end of the walk.